



NHB



EXPRESS

Quarterly Bulletin of Nursing Home Board of IMA TNSB

Dr. A. Zameer Pasha, Chairman, NHB **Dr. A.K. Ravikhumar**, Secretary, NHB **Dr. V. Varadarajan**, General Convener & Journal Editor, NHB
Dr. T Sadagopan, President, IMA TNSB **Dr. J.A. Jayalal**, Secretary, IMA TNSB **Dr. Balagan Raja**, Finance Secretary IMA TNSB

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EDITORIAL

Dr. A.K. Ravikhumar M.S., F.A.S., FIAGES.
Warm Greetings from IMA NHB TNSB.

I am happy to say that NHB TNSB has grown to great heights.

Membership Position

- As on date (30.11.2011) 2944 • An increase of 188 members since 30.11.2011
- Renewals done 306

District Coordinators and branch secretaries who enroll more members will be rewarded. Dr. K. Thirunagathu, Dist. Coordinator & Dr. K. Neminathan, Secretary of IMANHB Coimbatore Branch gets the award of Appreciation for enrolling more members.

Chairman: The term of Dr. A. Zameer Pasha who is a multifaceted personality with great leadership quality gets over by December, 2011 and dynamic Dr. C. Anbarasu takes over by January, 2012.

Regional Meet:

Zonal meet at Kancheepuram was organized by Chengalpattu and Kancheepuram IMA and Dr. Sundararajan was the organizing Secretary. Labour Laws, Bio-med waste etc. were discussed. DSP (Doctor - Staff - Patient relationship) program was initiated with panel discussion on it.

Hospital Board of India Inauguration - 1st National HBI CONFERENCE

Looking at the performance of NHB TNSB need to have representation for Nursing Home problems at the Centre IMA Head Quarters formed Hospital Board of India and the same was inaugurated by Dr. Vijay Honorable Health Minister of Tamil Nadu in the presence of Dr. Vinay Agarwal, National IMA President. Dr. T. Sadagopan President IMA TNSB and galaxy of state and National Leaders at Coimbatore on 18th September, 2011. Dr. A. Zameer Pasha has taken over as Chairman of Hospital Board of India.

1st National HBI conference was held at Coimbatore hosted by Coimbatore IMA with Dr. A.K. Ravikhumar as organizing Secretary was a great event with Exhibition having stalls from labour, Fire Service, Health and Family Welfare, Pollution Control departments, staff for Hospital needs like CCTV, Linen etc. etc. Topics like Quality Health Care, Avoiding consumer Cases, Administrative Protocols etc. were discussed by panelists from State and National level.

CD ON TIPS FOR SMALL & MEDIUM HOSPITALS, ACTS & FORMS the 1st of it's kind was released at 1st National HBI CON. The same could be got from Secretary office by sending demand draft for Rs. 100/- drawn in favour of IMA NHB General Fund.

Jeevan Program: CPR Training for School/College/Police/Fire Service personals and public were conducted. From 30.11.2010 to 30.11.2011 = 12 Programs.

DSPR Program: Doctor Staff Patient Relationship program to enhance and maintain the losing / inter personal relationship between Doctors, staff and patients was initiated at Kancheepuram Zonal Meet and 2 programs were conducted so far.

ACCREDITATION: To improve the quality care given by hospital accreditation is being done, 117 Hospitals Accredited so far.

Communication & Information

- ◆ Email and mobile numbers - made compulsory for Enrollment and Renewals

As on date 30.11.2011 547 email ids, 965 mobile numbers

- ◆ Web Site - www.imanhb.org is updated all informations can be downloaded.

- ◆ Web Group - TNSB NURSING HOME BOARD WEB Group where doctors can post their queries, suggestion to get solutions for the problems by interacting with the members was inaugurated by Dr. T. Sadagopan, President IMATNSB at 26th State Council meet at Coimbatore.

- ◆ Maniosal : Communication through mobile is active. ◆ News Letter : NHB News Letter So far 10 letters released.

Crisis Management

NHB State Secretariat coordinated with the Police department, State IMA Leaders, TNGDA, IMA Tiruvavur and Neighbouring branches in nabbing the culprit who manhandled the Doctor and damaged the hospital property at Tiruvavur under Hospital protection Act 48 a great credit for our unity.

CHIEF MINISTER'S HEALTH SCHEME

Representation has been given to our Honorable Chief Minister, Honorable Health Minister, Health Secretary by IMA TNSB to involve Indian Medical Council before finalizing the scheme and Health Secretary has said that it will be considered.

Next Zonal Meet: Our next Zonal Meet is at Chennai 'Hotel Hyat Regency' 365, Annasalai, Teynampet, Chennai, hosted by IMA Chennai CITY Branch on 08.01.2012, between 9 a.m. to 6 p.m. For the first time the Zonal meet is being conducted in a star hotel where Dr. C. Anbarasu is taking over as chairman NHB TNSB. We are planning a panel discussion on very interesting topics like Family - Practice & Time management, Comfortable Practice - More money - etc. etc. On the same day between 2 pm to 4 pm District Coordinators and Management Committee Meeting followed by general body meeting. Hurry up register your self. Please contact Dr. C. Anbarasu, Mob.No. 9381234552 & 9940085461. Members who register for the meet will get CD on Tips for medium Hospitals, Ready to use forms and ACTs & Laws - 'FREE'

Reader's Column: You can contribute to 'Reader's Column' by giving some TIPS, interesting facts, experience in Hospital Practice. Mail your write up to Secretary's office (dsalrkhb@gmail.com).

Leaders Message



STATE PRESIDENT'S MESSAGE

Dear Nursing Home Members,

I am happy to correspond with you through "NHB EXPRESS". The growth of Nursing Home Board is so much appreciable and Dr. Ravikumar, the new Secretary from Coimbatore is active like a "Bee". My Congratulations to him.

He is guided in the correct path by the National Hospital Board Chairman Dr. Zameer Basha who is versatile. Even though we have Hospital Protection Act, the attack on Hospitals continue. Please have a copy of the Govt. Order to give to officials whenever necessary.

Soon Dr. C. Anbarasu NHB New Chairman will assume charge and my best wishes to him.

Continue to serve with smile. Give your best care to the sick.

Long Live IMA

Yours Sincerely,
Dr. T. Sadagopan
State President IMA-TNSB



Dear Doctor,
Warm Greetings and thumping expectations from IMA State Office.

We congratulate you and your team for the vibrant virtualizations of the blossoming moments of Hospital Board of India and pain staking meticulous struggle to get the rights of our Hospitals in all sphere. The Hospital's contributions with selfless sacrifice of veterans of medicine has revolved our country to the positive health side, but pushed health care industry to a volatile one. Emerging concerns of health care insurance, raising vitriolic attack on hospitals, mushrooming rules and regulations and mounting quackery gimmicks compounds our struggle to salvage the sanctity and nobility of our profession.

Perennial issues needs more concentricity efforts and IMA TNSB assures all the support in your striking steps through NHB. I am happy to note your positive approach on installing doctor patient relationship and patient safety with social sensibility have started yielding fruits. Wish you all the best in your wing works for the betterment of Health Care industry let us together make the NHB a definable force.

With regards
Dr. J.A. Jayalal
Hon. Secretary, IMA TNSB



Dear NHB - TNSB family,

Festive Greetings to all of you !

May The Almighty shower His Choicest Blessings for a long happy, healthy, prosperous & peaceful life to all of you !. While I lay down my office, I am happy and delighted to hand over to a worthy successor and gross root worker of IMA Dr. Anbarasu. He is also aware that he is taking over a mighty wing of IMA which has seen the leaders of IMA starting from Prof. VVR, Dr. Janakiraman, Dr. Muruganathan, the presently All India Chairman of API.

I wish him all the very best. NHB - TNSB is presently the forerunner of the Hospital Board of India - the newly launched wing of National IMA. This is the long cherished dream of our National leaders of IMA and this has now transformed into reality. The success story of our NHB is now spreading across the entire Indian subcontinent.

We have many firsts to our credit viz -

1. Accreditation : This has given the entire new face lift to our Hospitals with the result that Health insurers are clamoring to empanel our IMA accredited hospitals into their fold.

2. Regular Zonal Meetings : The IMA-NHB goes to every member in their zone and conducts refresher courses in various allied fields like Bio- Medical Waste Management, Human Resource Planning, Financial Accounting etc..

3. 'Jeevan' Programs : These are social awareness programs to educate public and these are tremendous successful programs. I salute all the faculty who have carried these programs across the State with commitment and involvement.

It is my bounden duty to recognize the yeoman service rendered by Dr. Abul Hasan whose contribution is praiseworthy. He has carried NHB to a new Himalayan Heights with his new innovative ideas like teleconferencing, Jeevan programs, accreditation norms and totally electronic office maintenance. And his successor is Dr. Ravi Kumar who has taken over the office and carrying on with zeal and energy. He has now to his credit for having been the organizing secretary of the first National Conference of Hospital Board of India and its launch on Sep. 18th at Kovai with Kongu Nadu hospitality appreciated by all national leaders including our President Dr. Vinay Aggarwal.

But for the support of our State President Dr. T. Sadagopan and our State Secretary & National Coordinator Dr. Jayalal, and our State leaders including Dr. Prakasam, Dr. Ravi Shankar, Dr. Ashraf, Dr. Vijayakumar all our success would not have been possible and of course the backing of my home branch, Tiruchinappalli and its leaders.

We are guided by the policies and strategic planning our national leader Dr. Arulraj and National forum leader Dr. Appa Rao.

Please wish me all the Best since I am moving onto the formation and implementation of our newly constituted Hospital Board of India and wish you all God Speed ! Long Live IMA ! Long Live IMA-TNSB ! Long Live NHB - TNSB !.

Prof. Dr. A. Zameer Pasha
Chairman, IMA-NHB, TNSB

Dear Brothers and Sisters and Respectful Seniors,

I am thankful to all the members for giving me a chance to work as chairman NHB TNSB. I am taking over my charge in December in state Annual Council meeting at Salem as Chairman NHB TNSB.

We are facing lot of problems from consumers and other Govt departments with your support to the best of my ability. I will try to solve the problems to the maximum.

We are planning to conduct the North Zone NHB meet on 08.01.2012 (Sunday) at Hyatt Regency, No. 365, Annasalai, Teynampet, Chennai- 18 between 9.00 am to 6.00 pm.

We request you to send your registration as earlier as possible so that it will more convenient for us to make all arrangements for you. For any of you queries you can contact me all 24 Hours. I need your blessings and support.

Thanking you,
LONG LIVE IMA

Yours colic in IMA
Dr. C. ANBARASU,

"DOCTOR NURSE GAME"

- Experienced nurses are usually the ones who induct and guide inexperienced junior Doctors into essential aspects.
- Stevin described it as **DOCTOR - NURSE GAME**
- They use subtle techniques to guide doctors into a decision in order not to undermine their authority and to avoid interpersonal conflict. Do keep senior staffs in good books !!

Congratulations to

- **Dr. LP. Thangavelu** IMA TNSB President Elect 2013
- **Dr. C. Anbarasu** NHB TNSB Chairman
- **Dr. M.S. Ashraf** Tamilnadu Medical Council President 2012
- New Building of Tamilnadu Medical Council inaugurated by Honorable Chief Minister - Congratulations to **Dr. K. Prakasam** President TNMC

Appreciation Award

For enrolling maximum number of members during June 2011 to November 2011

Dr. K.Thangamuthu,
NHB Coordinator, Coimbatore Dist.

Dr.K.Neminathan,
IMA NHB Secretary, Coimbatore

Awards will be presented on **08.01.2012**
91th Zonal Meet

6

தினமலர் திருச்சி 19-11-2011

டாக்டர் தாக்கப்பட்டதை கண்டித்து தனியார் ஆஸ்பத்திரிகள் ஸ்டிரைக்

திருவாரூர், நவ.19-
திருவாரூரில் டாக்டர் தாக்கப்பட்டதை கண்டித்து தனியார் ஆஸ்பத்திரிகள் திடீர் வேலை நிறுத்தத்தில் ஈடுபட்டனர்.

திருவாரூர் சுவாமி மடத் தெருவில் தனியார் ஆஸ்பத்திரி உள்ளது. இங்கு குழந்தைகள் தல சிறப்பு டாக்டராக பணியாற்றி வருபவர் வெங்கடேஷ்(33). இந்த ஆஸ்பத்திரிக்கு திருவாரூர் கொடிகாலை பாளையத்தினை சேர்ந்த கஜாவி என்பவர் தனது 3 குழந்தைகளை சிசிசைக்காக கொண்டு வந்துள்ளார். அங்கு டொக்டர் பெற்று காத்திருந்த அவர் காலதாமதம் ஆவதாகக் கூறி சத்தம் போட்டதால், டாக்டர் வெங்கடேஷை தாக்கியதாகவும் கூறப்படுகிறது.

இது குறித்து திருவாரூர்

Unity is Strength !

The person who damaged the Hospital property and manhandled the Doctor at Tiruvarur, arrested under Hospital Protection ACT 48.

"Thanks to Government of Tamilnada and Superintendent of Police of Tiruvarur for arresting the culprit".

Congratulations to members of IMA Tiruvarur and neighboring branches, State IMA Leaders, TNGDA officials for their unified and persistent pressure to arrest the culprit.

டவுன் போலீஸில் புனர் சேவ்யப்பட்டது. போலீஸ் வழக்குப்பதிவு செய்து கிரைம் செய்து வருகின்றனர். இது

தினமலில் டாக்டரை தாக்கியதை கண்டித்து வேலை நிறுத்தத்தில் ஈடுபட்டனர். வந்த இந்நிலை மருத்துவக்



வேலை நிறுத்தம் காணமாக தனியார் ஆஸ்பத்திரிக்கு வந்த நோயாளிகளை திருப்பி அனுப்பும் பணியாளர்.

வந்த தனியார் ஆஸ்பத்திரிக் கள் எல்லாம் சேத்து ஒரு தாள் மட்டும் வேலை நிறுத்தம் ஈடுபட்டனர்.

இதனால், ஆஸ்பத்திரிக் குக்கு வந்த நோயாளிகளை பணியாளர் திருப்பி அனுப்பி விட்டனர். பல நோயாளிகள் சிசிசை பெற முடியாமல் தனித்தனர்.

Please Renew Your Membership

You can Download Forms from

Our Website : www.imanhb.org

91st NHB Zonal Meet

Venue : **Hotel Hyat Regency, 365, Annasalai, Teynampet, Chennai**
 Host : **IMA Chennai City Branch**
 Date : **08.01.2012** Time : **9 am to 6 pm**

Highlights

- > 1st NHB Meet in a star Hotel
- > Dr.C.Anbarasu takes over as Chairman NHB TNSB
- > Panel Discussion on "Family - Practice & Time Management, Comfortable Practice - More Money" etc.
- > Management Committee & District Coordinators meet 2 pm to 4 pm followed by General Body Meeting
- > CD ON TIPS FOR SMALL & MEDIUM HOSPITALS , ACTS & FORMS Free.

For Registration and Accommodation Contact :-
Dr. C. Anbarasu Mobile No. **93812 34552 & 99400 85461**

Prescription Model

Lppr		NAME, ADDRESS, QUALIFICATIONS, REGN No., PHONE NO.										TIMINGS	
DATE		TIME		Appt		Residential		Emergency		Home Vt		Fees	
Pt Name				Father's Name				Age/Sex		Ref. No.			
HL	WT	PR	BP	SpO2	Temp	RR	Sp1	Sp2	RBD	IC			
Clinical History / Important Lab Reports								Allergy		Diagnosis			
Rx Name of Drug / Generic Name				Strength		Qty		Freq		AT/OF		Remarks	
Special Instructions													
Special Instructions													
Special Instructions													
Special Instructions													
Special Instructions													
Special Instructions													
General Advice / Diet & Doms													
Investigations		Referrals		Review at		Report immediately if							
Notes										In Emergency Contact			
Emergency Lab Reports								Pt's Signature		Dr's Signature			
Subtle ads here													

THE PRESCRIPTION

1. The Prescription slip is enough for the patient to drag you to court. Prescription is a legal document and it is the patient's property. Write it as you would write a sale deed document.
2. Print everywhere only the qualifications you have achieved, also your Regn No.
3. Don't Put 24 hrs service, if a qualified medical practitioner is not available at your hospital 24 x 7
4. Write a VERY LEGIBLE prescription with unambiguous clear instructions regarding dose, timings, frequency, relation to food etc., Write the expected side effects also.
5. Write down Date, Time, Patient Name, Age, in all prescriptions
6. **PATIENT'S HISTORY of Illness WITH DURATION ► YOUR COMPLETE EXAMINATION FINDINGS & VITALS ► DIAGNOSIS ► INVESTIGATIONS ASKED FOR ► INSTRUCTIONS.** This order should correlate.
7. Never forget to note your patient's TRUE MINUS POINTS subtly. I.e., previous records not brought, taking native Rx also, patient not willing for admission, patient not willing for investigations, did not turn up on review dates, not taking medicine properly, poor follow up, smoking, drinking, breath smells of alcohol, consulted another physician yesterday, doesn't know the medication he is on etc.,
8. Communicate to patient and attenders patiently and smilingly, however busy you are. Imagine the time that could be wasted in court later. DSP Relationship
9. When a MINOR boy or girl comes alone for consultation, ONLY do general examination and prescribe medications. Do not give injections, nor any procedures UNLESS life threatening emergency happens and that too in the presence of a witness. Proving such an emergency happened is your responsibility. Note on the prescription that the boy/girl had come alone

Readers Column

Dear Sir,

Greetings!

I would like to bring to your attention the following suggestions with regard to cases of assault on Doctors and other para medical workers in the Hospitals.

1. The concerned person with Crisis committee of local branch act immediately to tide over the crisis by implementing the procedures such as entry in the accidental register in the Government Hospital, giving complaint to the police, getting the receipt for the complaint from the police and getting the FIR under 48 of 2008 act etc.

2. In the recent case happened at Tiruvavur in our Hospital on 16.11.2011, we adopted the above legal procedures promptly. Even in the implementing these procedures we had to struggle hard to arrest the accused because of lot of external political and other influences inspite of the support by members of the other surrounding branches and Government doctors association.

3. In these circumstances, to hasten the process, the presence of STATE LEVEL CRISIS COMMITTEE and a Regional Level crisis committee would be of much useful to implement the proceedings. Moreover the State Level Legal Cell can also be formed and the members of the above said organisations can give the proper advice and directions to the local branches to act promptly, legally and quickly. They can also influence the district authorities to book the accused under the act 48 of 2008 and to arrest the culprit immediately under the banner of IMA Tamilnadu. The Legal cell can also act suitably so that the accused does not come out on bail on any grounds in any court of law since this act provides the non bailability of the accused till the trial is over. In the recent case also the accused was refused bail in the District Magistrate court and subsequently he was bailed out in the District Sessions court. Probably this could have been prevented by the state level IMA legal cell.

4. The above are my humble suggestions and requests. Would the NHB of IMA Tamilnadu look into it and implement things so that it could be a boon to all the members of our IMA?

Long Live IMA.

Thanking you,
Your's sincerely

Dr. S. Lakshminarayanan, MD, DCH, FIAP,
Co-ordination Chairman IMA

Photo Gallery

Zonal Meet Kancheepuram



Appreciation award to Dr. C. Anbarasu for maximum member enrollment



Hospital Accreditation Awarded



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C
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If undelivered please return to
NHB EXPRESS

Dr. A.K. Ravikhumar, NHB Secretary
Mowthi Nursing Home, Alamaram Bus Stop, Vedavalli,
Coimbatore - 641 041. Phone : 0422 - 2422404, 2424313
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Website : www.imanhb.org

To.

Book - Post

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